

Breaking News for Health*Family*Education

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Bright Minds Institute: (415) 561-6755

New Bay Area Learning Center Offers New Test and New Hope For Children and Young Adults with ADHD

(San Francisco, CA) It's a hot topic among parents and educators, Media and TV talk shows, lawmakers and doctors — neurological disorders in children and young adults. It's estimated that one in five children has a diagnosable mental, emotional or behavioral disorder. The number of children being prescribed psycho-stimulants is skyrocketing. And what could be the biggest concern... as many as *half* of these cases are misdiagnosed.

Dr. Fernando Miranda, M.D., is a Cognitive and Behavioral Neurologist dedicated to helping children and young adults with Attention Deficit Hyperactivity Disorder, Autism and learning disorders reach their full potential by turning this devastating tide. Dr. Miranda opened his second state-of-the-art center for excellence in California, **Bright Minds Institute — San Francisco** (8 Funston Avenue at the Presidio), one of the only facilities in the country using a combination of behavioral therapies, psychotherapy and the latest medical tools to properly diagnose and treat these disorders.

Dr. Miranda, a former Professor at Johns Hopkins, is considered a leading global expert on a new test that determines if a child really does have ADHD. **QEEG or Quantitative EEG** picks up on a shifted type of brainwave activity found in people with ADHD. It's easy, pain-free and about 98 % accurate. Dr. Miranda says an accurate diagnosis is the most important step to finding the right treatment. "Left untreated, the child finds it hard to focus, may lose interest in school and often feels like a failure. By contrast, the proper treatment can boost grades, improve behaviors and change lives."

Bright Minds Institute opened its first center for excellence in Los Angeles in January 2005. BMI-LA has seen tremendous success treating children with a proven approach that focuses on proper diagnosis, behavioral therapy, family counseling and minimal use of drugs. "Medication can be very beneficial but in children it should be a last resort."

Dr. Miranda is available to discuss what parents should know about their child's developing brain, the facts about neurological disorders and the latest advances in medicine. Learn more about BMI by visiting www.BrightMindsInstitute.com. For more information please call Bright Minds Institute: (415) 561-6755.